



Help Choose the Right CEUs for You

Pediatric Occupational Therapy Course Decision and Reflection Guide

Pre-course Review Questions

Brain dump some areas here that you would like to learn more about

What areas of OT do I currently struggle with?

What areas of OT do you want to specialize in in the future?

What is your budget for this next course?

Pre-course Review Questions

How many CEUs do you have, how many do you need? Will this course allow you to finish your requirements?

Does this course appear credible?

Do other occupational therapists (that are not affiliates or presenters of the course) recommend it?

Final Decision:

Take Course

Find something else:

Post-course Review Questions

What was one key takeaway you had from this course?

Which child could you see yourself using this information with starting next week? What does that look like or what tools do you need to make that happen?

Would it be beneficial to present on this topic to the staff?

Post-course Review Questions

What was something that you added to my OT toolbox based on this course?
(could be something like an intervention idea, treatment philosophy, or new way of thinking about how you've done something in the past)

What do you still have questions on after taking this course? Are there other courses out there that might answer these questions?

Final Tasks:

Add the course to your
CEU tracker

File your certificate
somewhere safe